



Love God



Love One Another



Do Mission Together

Home Group study: week beginning 16th January 2022

THEME: AN OLD TESTAMENT TEMPLATE FOR PRAYER & FASTING

PASSAGE: NEHEMIAH 1 vs 1-11

LAUNCH

Have you ever been to a place where you have been distressed by what you saw? What was it that particularly concerned you?

How do you tend to respond in a crisis? Agitation, denial, running around in circles? Do you respond more calmly when the crisis is bigger? Why might that be?

DISCOVERY & UNDERSTANDING

What life situations have you faced over the last year where your 'walls are broken' and 'gates burnt'? Do you need to pray for one another about any of these as a group?

When things are falling down around our ears what can we find ourselves doing instead of weeping, praying & fasting? How are these alternative strategies of coping not very helpful?

Dave suggested that we might under respond emotionally to personal circumstance, the state of the church and or the state of the nation. This could be due to upbringing, our Britishness or even our evangelical heritage. Do you agree with this assessment? Why or why not?

In what way does fasting assist us in our praying?

What sort of individual 'fasting programmes' would it be good for you to adopt in the coming 3 weeks. It might be food or it might be TV/social media/alcohol. How can the fast you choose free you up to pray?

Worship is a key part of praying cf vs 5. How do you include worship within your prayer life? Why is it really valuable to worship before you pray?

Identificational repentance i.e. repenting on behalf of a wider group (church or nation in our case) is an interesting area of prayer. What are the benefits & what are the pitfalls?

At the end of his prayer Nehemiah was nice and specific. Why is it good to be specific in our praying?

APPLICATION

Pray for Jubilee church as we recover from the pandemic & seek to restore the church after its losses.

Pray for the nation which is 95% without Christ. Pray that this travesty will truly enter into our consciousness & that God will show us what to do as individuals and as a church.